

Cornell University



Fill in the blanks using one of the numbers at the end of the sentences:

- A redroot pigweed seed can lie in the soil for _ years before sprouting. over (a) 5 (b) 20 (c) 40
- 2. A pigweed plant can grow ____ meters high.
 - (a) 1 (b) 2 (c) 3
- 3. A redroot pigweed plant may produce seeds.
 - (a) 100 (b) 1,000 (c) 100,000

SPOTLIGHT **ON RESEARCH**

Using Pigweed to Clean Up Polluted Soil

At many nuclear weapons testing sites, soil is polluted with radioactive wastes. Also, some nuclear power plants accidentally release radioactive wastes, which end up in the soil. Removing all this polluted soil would cost hundreds of billions of dollars.

However, it is very important to clean up these soils, because radioactive wastes are very harmful to human health. The wastes can be taken into the body by eating food grown in polluted soil. They can also be taken in by breathing polluted air or drinking polluted water. Once in the body, these wastes give off radiation that can cause cancer.

Scientists have been searching for costeffective ways to clean up polluted soils. They have discovered that some plants can take up radioactive wastes through their roots. The wastes collect in the plant shoots without harming the plants. Once fully grown, the plants can be removed from the area. In this way, the soil can be cleaned up.

Scientists at Cornell University grew three plant species in polluted soil at the Brookhaven National Laboratory in New York State. Nuclear testing took place at this site in the 1950's and 1960's. The scientists tested how well the plants could take up radioactive cesium and strontium from the polluted soil. They discovered that redroot pigweed took up more radioactive cesium and strontium than the other two plant species, partly because it grew the fastest and biggest. They estimate that if they grow two crops of redroot pigweed a year, it will take 7 years to clean up half the radioactive strontium, and 18 years to clean up half the radioactive cesium at this site.

SOURCE: Fuhrmann, M., Lasat, M., Ebbs, S., Cornish, J., & Kochian, L. (2003). Uptake and release of cesium-137 by five plant species as influenced by soil amendments in field experiments. Journal of Environmental Quality 32(6), 2272 - 2279



CAUTION: Never pick weeds to eat unless you are very sure you can identify them. Do not harvest weeds that grow near roadsides or that may have been sprayed with chemicals. These plants may not be safe to eat. Only eat young redroot pigweed plants. Do not eat redroot pigweed that has grown on heavily fertilized soil. It may contain toxic amounts of nitrogen, and taste bitter.

Answers to puzzle:1(c);2(b); 3(c)

STIR-FRIED PIGWEED WITH COCONUT This delicious recipe is from Southeast Asia, where pigweed leaves are often eaten as vegetables. Serves 4-6

Ingredients

- 4 cups (1 liter) young redroot pigweed leaves
- 2 tablespoon (30 ml) oil
- * 1 onion, finely chopped
- 1 teaspoon (5 ml) crushed garlic
- 1 teaspoon (5 ml) grated fresh ginger
- $1/_2$ teaspoon (2.5 ml) ground turmeric
- 1 teaspoon (5 ml) chili powder
- 1/4 teaspoon (1.3 ml) salt or to taste
- 3 tablespoon (45 ml) dried coconut flakes

Charmaine Solomon's Encyclopedia of Asian Food, Periplus Editions, 1998, supplied courtessy of New Holland Publishers (Australia) Pty Ltd.

Instructions

- 1. Wash the leaves and shake off the water. Roll them in a bundle and chop finely.
- 2. Heat the oil and fry the onion, garlic, and ginger over low heat, stirring frequently, until onions are soft.
- 3. Add the ground tumeric and chili powder, then the leaves. Stir-fry for a minute, and then sprinkle with salt and a few tablespoons of water.
- 4. Mix in coconut.
- Cover and simmer for 5 minutes. 5.
- Serve with rice. 6.

