

UNITED STATES BOTANIC GARDEN

Calendar of Events

JANUARY - FEBRUARY 2020



The United States Botanic Garden

The United States Botanic Garden (USBG) is open daily from 10 a.m. to 5 p.m., free of charge.

The U.S. Botanic Garden Conservatory is located at 100 Maryland Avenue SW, Washington, DC 20001.

Our **outdoor gardens** adjacent to the Conservatory feature the Regional Garden, Rose Garden, First Ladies Water Garden, Butterfly Garden, and Amphitheater.

Just south of the Conservatory is **Bartholdi Park**, a showcase of beautiful, sustainable, and accessible landscape design that features in its center, Frédéric Auguste Bartholdi's historic Fountain of Light and Water.

Parking is not available at the U.S. Botanic Garden on weekdays. It is accessible by public transportation. The Federal Center SW Station on the Orange, Blue, and Silver Lines of Metrorail is at Third and D Streets SW, four blocks from the USBG. Metrobuses 32, 34, and 36 stop at Independence Avenue and First Street SW, between the Conservatory and Bartholdi Park. The DC Circulator Bus (National Mall route) stops across the street from the Conservatory on 3rd Street.

Free 45-minute highlight tours of the Conservatory may be available on the day of your visit. Check at the information desk. Groups of 10 to 15 adults may reserve a tour of the Conservatory Monday through Friday by calling 202-226-2055 at least four weeks in advance.

The USBG strives to make its facilities and programs accessible to all visitors to ensure an enjoyable Garden visit. Wheelchairs, visitor guides in braille and large print formats, sign language interpretation, and hearing-aid compatible assistive listening devices for tours are all available upon request.

Visit our website for more info and to register for programs: www.USBG.gov/Programs

For More Information

General Information & Accessibility at the USBG: 202-225-8333 Audio tour available at 202-730-9303 and www.USBG.gov/AudioTour

Register for Programs: 202-225-1116

Request Tours: 202-226-2055 Plant Hotline: 202-226-4785

Volunteer Opportunities: 202-226-8066

Media Inquiries: 202-226-4145

Friends of the U.S. Botanic Garden: 202-225-1281 (or see pg. 66)

cover image: Hamamelis virginiana

AT A GLANCE

Programs are listed by type and date.

DATE	TIME	TITLE	PAGE
CHILDE	REN'S PROGRA	AMS	
January	/		
7	10:30 a.m.	Seedlings	12
8	10:30 a.m.	Sprouts	13
8	1:30 p.m.	Sprouts	13
9	10:30 a.m.	Snugglers	14
11	7:00 p.m.	Teen Night	15
16	10:30 a.m.	Snugglers	14
23	10:30 a.m.	Snugglers	14
30	10:30 a.m.	Snugglers	14
Februai	у		
4	10:30 a.m.	Seedlings	22
5	10:30 a.m.	Sprouts	23
5	1:30 p.m.	Sprouts	23
6	10:30 a.m.	Snugglers	23
13	10:30 a.m.	Snugglers	23
20	10:30 a.m.	Snugglers	23
27	10:30 a.m.	Snugglers	23
Early M	arch		
3	10:30 a.m.	Seedlings	33
4	10:30 a.m.	Sprouts	34
4	1:30 p.m.	Sprouts	34
5	10:30 a.m.	Snugglers	35
12	10:30 a.m.	Snugglers	35
CONCE	RTS		
Februai	γ		
7	10:30 a.m.	The Natural World through Song	20

Continued on next page

AT A GLANCE

DATE	TIME	TITLE	PAGE
DEMON	ISTRATIONS		
January	/		
23	12:00 p.m.	Cooking: Oranges and Grapefruit	17
23	12:50 p.m.	Cooking: Oranges and Grapefruit	17
24	1:00 p.m.	Horticulture: Terrific Topiaries	18
Februa	ry		
13	12:00 p.m.	Cooking: Glorious Chocolate	28
13	12:50 p.m.	Cooking: Glorious Chocolate	28
FITNES	S PROGRAMS		
January	/		
16	6:00 p.m.	Nature in Motion	16
Early M	arch		
7	10:30 a.m.	Yoga in the Garden	39
14	10:30 a.m.	Yoga in the Garden	39
LECTU	RES		
January			
18	10:30 a.m.	Citrus: Botany, History, and Production	17
Februa	•		
14	12:00 p.m.	Growing Food in Urban Spaces	28
15	10:30 a.m.	Best Shrubs for Your Cut Flower Garden	29
29	10:30 a.m.	Spring Flowering Bulbs	32
Early M			
14	2:00 p.m.	Exploring Orchid Evolution, Ecology, and Biogeography	40

DATE	TIME	TITLE	PAGE
SPECIA	AL PROGRAMS	3	
Januar	у		
23	6:30 p.m.	Botanical Brainiacs Trivia Night	18
Februa	ry		
1	1:00 p.m.	Shrub Pruning for the Home Gardener	21
1	6:30 p.m.	Escape the Garden! A Plant-Based Mystery	21
6	2:00 p.m.	Roots and Reflections: Chocolate	26
20	6:30 p.m.	The Art and Science of Henna	29
23	1:00 p.m.	What's the Buzz?	30
27	6:30 p.m.	Botanical Brainiacs Trivia Night	31
Early N	larch		
5	2:00 p.m.	Roots and Reflections: Orchids	36
5	6:30 p.m.	Political Appetites: Culinary Activities in the Early Republic	37
7	10:00 a.m.	U.S. Botanic Garden Production Facility Open House	38

TOURS

Free, drop-in tours are offered throughout the week. See below for upcoming specialty tours.

Please visit www.USBG.gov/Programs for specific dates and times.

January	/		
7	1:00 p.m.	STOP: Smell and Touch Our Plants	13
9	1:30 p.m.	Medicinal Plants Yesterday and Today	14
11	10:30 a.m.	STOP: Smell and Touch Our Plants	13
15	10:30 a.m.	Phenomenal Plants: The USBG Medicinal Plants Collection	15
16	1:30 p.m.	Travel the Tropics	16

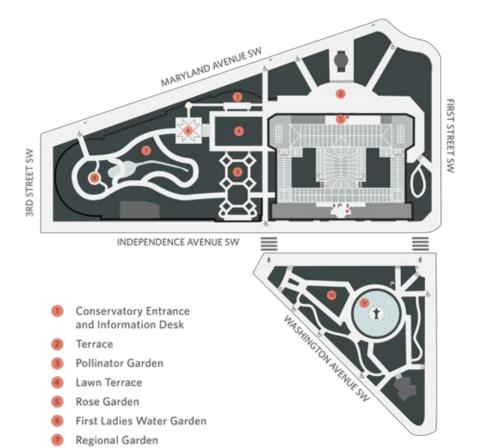
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AT A GLANCE

DATE	TIME	TITLE	PAGE
Febru	ary		
4	1:00 p.m.	STOP: Smell and Touch Our Plants	22
6	1:30 p.m.	Medicinal Plants Yesterday and Today	26
8	10:30 a.m.	STOP: Smell and Touch Our Plants	22
11	10:30 a.m.	Phenomenal Plants: The USBG Medicinal Plants Collection	27
13	1:30 p.m.	Medicinal Plants Yesterday and Today	26
29	10:00 a.m.	Winter Trees	31
Early I	March		
3	1:00 p.m.	STOP: Smell and Touch Our Plants	33
4	10:30 a.m.	Urban Forestry and the Regional Garden	34
5	1:30 p.m.	Medicinal Plants Yesterday and Today	35
7	10:30 a.m.	STOP: Smell and Touch Our Plants	33
12	1:30 p.m.	Medicinal Plants Yesterday and Today	35
WORK	KSHOPS		
Janua	ry		
25	10:30 a.m.	Painting with Botanicals: Tea, Saffron, and Beyond	19
Febru	ary		
8	9:00 a.m.	Teacher Training: Plants, Animals, and Poop	27
22	10:30 a.m.	Scientific Illustration and the Camera Lucida	31
Early I	March		
12	6:30 p.m.	Hypertufa Containers and Desert Plantings	39
14	10:30 a.m.	An Introduction to Natural Dyes	40
FESTI	VALS		
Early I	March		
15	1:00 p.m.	Orchid Family Day	41



U.S. Botanic Garden



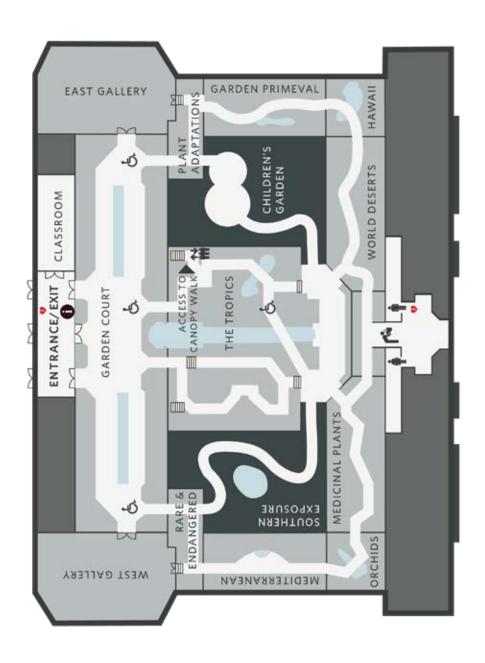


Amphitheater

Kitchen Garden

Bartholdi Park and Fountain

Conservatory



EXHIBITS

U.S. Botanic Garden at 200: Deeply Rooted, Branching Outward LATE FEBRUARY THROUGH OCTOBER 12 CONSERVATORY EAST AND WEST GALLERIES

For 200 years, the Garden has shared the beauty and usefulness of plants with the world. Join us on a journey of plant exploration, and challenge yourself with plant science interactives, three-dimensional sights, infamous smells, and more! Learn more about the rich history and developing future of the USBG in this two-part exhibit.





Learn more about exhibits at www.USBG.gov/Exhibits

Discover the World of Orchids **FEBRUARY 28 THROUGH MAY 3** CONSERVATORY GARDEN COURT, TROPICS, AND SOUTH LOBBY

Come explore the fabulous world of orchids! In celebration of the U.S. Botanic Garden's bicentennial year, our orchid show celebrates plant exploration and the diversity of orchids found throughout the world. A natural Manila hemp rope sculpture installation by artist Susan Beallor-Snyder will be featured amidst the tropical plants of the Garden Court. Thousands of orchid blooms throughout the Conservatory will showcase the USBG and Smithsonian Gardens' extensive plant collection. Join us to celebrate a sea of fantastic flowers!





PROGRAMS

Programs are listed by start date.

TOUR

Highlights from the Conservatory Collection

USBG Volunteer Docent

Do you want to visit a desert, a tropical paradise, and the Mediterranean? Travel back to the U.S. Exploring Expedition and the Jurassic period? Take a tour with a knowledgeable guide who will connect the exotic plant world to everyday life. You might see bananas, cacao, and coffee ripening on the tree or learn about the latest breakthrough in medicinal plant research.



LOCATION: Tours meet in the Conservatory Garden Court

FREE: No pre-registration required

Please visit www.USBG.gov/Programs for the most up-to-date Highlights tour schedule.

CHILDREN'S PROGRAM Seedlings

USBG Education Team



Join us for four weeks of hands-on plant science for our Seedlings class (ages 6-10). Each week we will explore the amazing world of plants through science, art, and scientific inquiry. Please note: Seedlings is designed for a more advanced level of plant science education. For the benefit of all participants, we request that only children ages 6 and up attend and participate in class activities. The class in February is a repeat of the class in January.

DATES: Tuesdays, January 7, 14, 21, 28

TIME: 10:30 a.m. to 12 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required*, visit www.USBG.gov/Programs *Please note: Registration opens on December 4 at 10 a.m.

TOUR

STOP! Smell and Touch Our Plants: Conservatory

Tom Melo, USBG Volunteer Docent

Join Tom for this hands-on exploration of the plant collection, specifically designed for individuals who are blind or have low vision and their companions. Featuring notable sensory and tactile elements along with verbal description, there will also be opportunities along the tour route to smell and touch certain plants. *Please note:* This program is designed to

be a more intimate experience and limited to 10 participants. We welcome service animals that are trained to work or perform tasks for an individual. The Saturday tour is a repeat of the Tuesday tour.

DATE: Tuesday, January 7
TIME: 1 p.m. to 2:30 p.m.

DATE: Saturday, January 11
TIME: 10:30 a.m. to 12 p.m.



LOCATION: Tour will meet in the front lobby of the Conservatory **FREE:** Pre-registration required, visit www.USBG.gov/Programs

CHILDREN'S PROGRAMSprouts

USBG Education Team

Dig in to plants with your preschooler (ages 3–5). Join us for four weeks of art, science, and a walking adventure in our gardens as we explore the fascinating world of plants. *Please note:* Children must be accompanied by an adult. Participating children must be at least 3 years of age. The 1:30 p.m. program is a repeat of the 10:30 a.m. program. The classes in February are a repeat of the classes in January.

DATES: Wednesdays, January 8, 15, 22, 29

TIMES: 10:30 a.m. to 11:30 a.m. and 1:30 p.m. to 2:30 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required*, visit www.USBG.gov/Programs *Please note: Registration opens on December 4 at 10 a.m.

PARENT & CHILD PROGRAM Snugglers

Marjorie Abbot, USBG Volunteer Docent

Do you have a tiny treasure in a snuggly? Looking for ways to get out of the house and learn? Join us each Thursday for a 45-minute guided tour of the Conservatory. Each week will be a different exploration. This program is designed for parents and care providers who have a tiny one in a snuggly. Please note: You are welcome to arrive with a stroller, however due to our narrow paths and the nature of this program, we cannot support strollers or older siblings during the actual program.



DATES (choose any or all of the following): Thursdays, January 9, 16, 23, 30

TIME: 10:30 a.m. to 11:30 a.m. **LOCATION:** Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs

TOUR Medicinal Plants Yesterday and Today

Judy Sondheimer, USBG Volunteer Docent



Since before recorded history, humans knew certain plants growing around them contained substances with powerful impacts on health and wellness. They understood some plants were good for you, some were bad for you, and some were both! Until the advent of modern chemistry and pharmacology in the 19th century, the actual substances contained in the leaves, roots, and seeds of medicinal plants could not be identified. Join Judy in the Medicinal Plants room to explore plants used around the world by both ancient and modern health providers. You will learn about active compounds and discuss current thinking on the mechanisms by which they interact with the human organism.

DATES: Thursday, January 9 TIME: 1:30 p.m. to 2:30 p.m.

LOCATION: Tour will meet in the lobby of the Conservatory

FREE: No pre-registration required

YOUTH PROGRAM Teen Night at the U.S. Botanic Garden

USBG Education Team

Back by popular demand! If you are between the ages of 13 -17, the Conservatory is yours for an evening of art and science. Spend the evening wandering through the Conservatory, exploring the USBG plant collection, and encountering hands-on art and science stations. *Please note*: No adults may enroll without registered teens. Doors will open at 6:15 p.m.



DATE: Saturday, January 11 **TIME:** 6:30 p.m. to 8:30 p.m. **LOCATION:** Conservatory

FREE: Pre-registration required, visit www.USBG.gov/Programs

TOUR Phenomenal Plants: The USBG Medicinal Plants Collection

Chelsea McKinley, USBG Gardener

Join Chelsea, gardener of the Medicinal Plants house, on a tour of this fascinating collection. Learn about a variety of different species used for medicinal purposes that are currently on display in the USBG Conservatory. Topics to be discussed include plant-derived compounds used in pharmaceuticals, species that have been used for hundreds of years in traditional medicine, and plants that can be found in the ingredients of over-the-counter products.



DATE: Wednesday, January 15 **TIME:** 10:30 a.m. to 11:15 a.m.

LOCATION: Tour will meet in the Medicinal Plants house

FREE: Pre-registration required, visit www.USBG.gov/Programs

TOUR Travel the Tropics

Angela Weber Hetrick, USBG Gardener

Join Angela for a talk and walk on the 'wild side' as you explore the Tropics in our Conservatory. Discover some of the many plants found on our diverse planet, from the Amazon Rainforest to the Yucatan Peninsula, as you trek through our canopy walk and view some spectacular bloomers. Come for a 45-minute tour and learn about a new plant or two!



DATE: Thursday, January 16 TIME:1:30 p.m. to 2:15 p.m.

LOCATION: Tour will meet in the Conservatory Garden Court

FREE: Pre-registration required



FITNESS PROGRAM Nature in Motion

Alexandra Torres, USBG Education Specialist, and Claire Alrich, Director of Programs and Operations, Friends of the U.S. Botanic Garden

Nature in Motion is a sensory experience, a unique way to connect to the Garden. This special evening program will take you on a guided journey through our Conservatory with thoughtful stops for stretching and meditation. Special surprises will engage all of your senses and leave you feeling calm and restored. You will never "see" plants in the same way! Please note: Doors will open at 5:45 p.m.

DATE: Thursday, January 16 **TIME:** 6 p.m. to 7 p.m. **LOCATION:** Conservatory FREE: Pre-registration required

This program sponsored in part by



LECTURE

Citrus: Botany, History, and Production

Todd Brethauer, USBG Science Education Volunteer

Not so long ago citrus fruits were a luxury item for special occasions. Now they are an important part of the healthy diet of billions of people around the world. Learn about the 6,000-year journey of citrus out of Asia with traders, explorers, and conquerors. See how the fruit has changed, how it has changed our landscape, and how it has changed the way we live. Learn how recent studies of the genomes of wild and cultivated citrus have expanded the tools available to breeders to help counter the new fungal, bacterial, and viral diseases threatening production.



DATE: Saturday, January 18 **TIME:** 10:30 a.m. to 12 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs

COOKING DEMONSTRATION Oranges and Grapefruits

Adrienne Cook, Gardening and Cooking Writer, and Danielle Cook, MS, Nutritionist and Cooking Instructor

Citrus, traditional at Christmas, really brightens winter meals. It also happens to be a great nutrient booster at a time of year when everyone could use a little more vitamin C in their diets. Join the Cook Sisters as they focus on cooking with grapefruit and oranges, featuring two new recipes. *Please note:* The 12:50 p.m. program is a repeat of the 12 p.m. program.

DATE: Thursday, January 23

TIMES: 12 p.m. to 12:45 p.m. and 12:50 p.m. to 1:30 p.m.

LOCATION: Conservatory Garden Court **FREE:** No pre-registration required



SPECIAL PROGRAM **Botanical Brainiacs Trivia Night**

District Trivia

On the fourth Thursday of the month (January—April), join District Trivia to test your familiarity with all things plants. This program is designed to be inclusive to all types of knowledge—plant science, history, pop culture, the culinary world, and more! We welcome budding learners to fullbloom experts. Each program features a live host to facilitate the game and will last for approximately two hours. You'll play in teams and the trivia includes over 55 questions, a picture round, and a speciallydesigned round you'll only see at the U.S. Botanic Garden! Please note: Program is intended for those 21 years of age and older. Small bites and beverages will be provided. Doors open at 6:15 p.m.



DATE: Thursday, January 23 TIME: 6:30 p.m. to 8:30 p.m. **LOCATION:** Conservatory Gallery FRIENDS: \$10 NON-MEMBERS: \$20

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by



DEMONSTRATION Terrific Topiaries

Cleophas Calloway, USBG Gardener



Ever wondered how to create your own totally amazing topiary? Drop by and let Cleo show you how during this easy-tofollow instructional demonstration. Please note: This is an ongoing, interactive demonstration. No chairs will be provided.

DATE: Friday, January 24 **TIME:** 1 p.m. to 2 p.m.

LOCATION: Conservatory Garden Court FREE: No pre-registration required

WORKSHOP Painting with Botanicals: Tea, Saffron, and Beyond

Saya Behnam, Mixed Media Artist

Join Saya for this workshop exploring nature and art. Learn how natural or dried flowers, plants, and spices can be ground or cooked to extract a variety of colors, then create your own painting using these extracted colors. Please note: No previous artistic experience necessary. All materials will be provided.

DATE: Saturday, January 25 TIME: 10:30 a.m. to 4:30 p.m.

LOCATION: Conservatory Classroom FRIENDS: \$75 NON-MEMBERS: \$90

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored by









TOUR

Highlights from the Conservatory Collection

USBG Volunteer Docent

Do you want to visit a desert, a tropical paradise, and the Mediterranean? Travel back to the U.S. Exploring Expedition and the Jurassic period? Take a tour with a knowledgeable guide who will connect the exotic plant world to everyday life. You might see bananas, cacao, and coffee ripening on the tree or learn about the latest breakthrough in medicinal plant research.



LOCATION: Tours meet in the Conservatory Garden Court

FREE: No pre-registration required

Please visit www.USBG.gov/Programs for the most up-to-date Highlights tour schedule.

CONCERT

The Natural World through Song

Marsha and the Positrons

Join Marsha and the Positrons, a DC kids/indie rock band, for a musical morning. Both playful and educational, their original songs about science and how the world works are entertaining both kids and adults. *Please note:* The band will perform two sets and will take a break between sets.



Shrub Pruning for the Home Gardener

Craig Hall, USBG Gardener

Join Craig for an interactive shrub pruning talk and demonstration. Learn tools and techniques for maximizing plant health and getting shrubs to look best for the coming season. *Please note:* A portion of this program will occur outdoors. We suggest dressing in layers to accommodate both an indoor and outdoor environment. The outdoor portion will occur weather-permitting.

DATE: Saturday, February 1 **TIME:** 1 p.m. to 2:30 p.m.

LOCATION: This program will begin in the Conservatory Classroom **FREE:** Pre-registration required, visit www.USBG.gov/Programs

SPECIAL PROGRAMEscape the Garden! A Plant-Based Mystery

USBG Staff and Volunteers

Back by popular demand! You are being summoned to the U.S. Botanic Garden to solve a plant forensics case! As part of a team, you will be challenged to investigate the Conservatory after dark, using exploratory stations to discover clues and information that might be key to the case. Even while enjoying food and drink, your mission must not be shared with others in the building, as the suspect might be among us. *Please note:* This event is the same challenge as presented previously. It is intended for those 21 years of age and older. Small bites and beverages will be provided. Doors will open at 6:15 p.m. and program will begin promptly at 6:30 p.m.



DATE: Saturday, February 1 **TIME:** 6:30 p.m. to 9 p.m. **LOCATION:** Conservatory

FRIENDS: \$35 NON-MEMBERS: \$45

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by



CHILDREN'S PROGRAM Seedlings

USBG Education Team

Join us for four weeks of hands-on plant science for our Seedlings class (ages 6-10). Each week we will explore the amazing world of plants through science, art, and scientific inquiry. Please note: Seedlings is designed for a more advanced level of plant science education. For the benefit of all participants, we request that only children ages 6 and up attend and participate in class activities. The class in February is a repeat of the class in January.

DATES: Tuesdays, February 4, 11, 18, 25

TIME: 10:30 a.m. to 12 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required*, visit www.USBG.gov/Programs

*Please note: Registration opens on January 8 at 10 a.m.

TOUR

STOP! Smell and Touch Our Plants: Conservatory

Tom Melo, USBG Volunteer Docent

Join Tom for this hands-on exploration of the plant collection, specifically designed for individuals who are blind or have low vision and their companions. Featuring notable sensory and tactile elements along with verbal description, there will also be opportunities along the tour route to smell and touch certain plants. Please note: This program is designed to be a more intimate experience and limited to 10 participants. We welcome



service animals that are trained to work or perform tasks for an individual. The Saturday tour is a repeat of the Tuesday tour.

DATE: Tuesday, February 4 TIME:1 p.m. to 2:30 p.m.

DATE: Saturday, February 8 TIME: 10:30 a.m. to 12 p.m.

LOCATION: Tour will meet in the front lobby of the Conservatory FREE: Pre-registration required, visit www.USBG.gov/Programs

CHILDREN'S PROGRAM Sprouts

USBG Education Team

Dig in to plants with your preschooler (ages 3-5). Join us for four weeks of art, science, and a walking adventure in our gardens as we explore the fascinating world of plants. *Please note:* Children must be accompanied by an adult. Participating children must be at least 3 years of age. The 1:30 p.m. program is a repeat of the 10:30 a.m. program. The classes in February are a repeat of the classes in January.



DATES: Wednesdays, February 5, 12, 19, 26

TIMES: 10:30 a.m. to 11:30 a.m. and 1:30 p.m. to 2:30 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required*, visit www.USBG.gov/Programs

*Please note: Registration opens on January 8 at 10 a.m.

PARENT & CHILD PROGRAM Snugglers

Marjorie Abbot, USBG Volunteer Docent

Do you have a tiny treasure in a snuggly? Looking for ways to get out of the house and learn? Join us each Thursday for a 45-minute guided tour of the Conservatory. Each week will be a different exploration. This program is designed for parents and care providers who have a tiny one in a snuggly. Please note: You are welcome to arrive with a stroller, however due to our narrow paths and the nature of this program, we cannot support strollers or older siblings during the actual program.



DATES (choose any or all of the following): Thursdays, February 6, 13, 20, 27

TIME: 10:30 a.m. to 11:30 a.m. LOCATION: Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs

BECOME A U.S. BOTANIC GARDEN VOLUNTEER!

U.S. Botanic Garden volunteers have a common sense of purpose in identifying with the Garden's mission of demonstrating the aesthetic, cultural, ecological, economic, and therapeutic importance of plants to humankind.

Through their time at the Garden, volunteers develop new skills, explore their personal interests. and make significant contributions that enable the Garden to fulfill its mission. Volunteering is a great way to meet others and connect with the community.

Have questions or want more information? Please visit www.USBG.gov/Volunteer



















TOUR

Medicinal Plants Yesterday and Today

Judy Sondheimer, USBG Volunteer Docent

Since before recorded history, humans knew certain plants growing around them contained substances with powerful impacts on health and wellness. They understood some plants were good for you, some were bad for you, and some were both! Until the advent of modern chemistry and pharmacology in the 19th century, the actual substances contained in the leaves, roots, and seeds of medicinal plants could not be identified. Join Judy in the Medicinal Plants room to explore plants used around the world



by both ancient and modern health providers. You will learn about active compounds and discuss current thinking on the mechanisms by which they interact with the human organism. Please note: Tour on February 13 is a repeat of the tour on February 6.

DATES: Thursday, February 6, 13 TIME: 1:30 p.m. to 2:30 p.m.

LOCATION: Tour will meet in the lobby of the

Conservatory

FREE: No pre-registration required

SPECIAL PROGRAM

Roots and Reflections: Chocolate

USBG Employees and Volunteer Docents

The experience of immersing in the Garden's living collection can allow for greater appreciation of nature's beauty. Join members of the USBG's team for this engaging program specifically designed for individuals living with dementia and their companions. Offered the first Thursday of the month, February's Roots



and Reflections program will highlight Theobroma cacao and the delights of chocolate through facilitated conversation and hands-on activities. Please note: This program is designed to be a more intimate experience. Class size is limited to 6 participants.

DATE: Thursday, February 6 **TIME:** 2 p.m. to 3:30 p.m.

LOCATION: This program will begin and end in the Conservatory Classroom (located to the left of the visitor information desk in the front lobby) FREE: Pre-registration required, visit www.USBG.gov/Programs

WORKSHOP

Teacher Training: Plants, Animals, and Poop

USBG and Friends of the National Zoo Education Teams

Join the National Zoo and the U.S. Botanic Garden for a joint teacher training and learn how poop brought our education teams together. We will explore the special and complex relationships between plants and animals and the coevolution resulting from these interactions. Teachers will spend the morning at the USBG learning about plants, the reason for their flowers and fruits, and will then travel to the National Zoo to investigate how animals disperse seeds and the impact on habitats. *Please*



note: Teachers in attendance will receive a certificate of participation for 4.0 PLUs. Please bring a lunch. Transportation will **not** be provided from the USBG Conservatory to the National Zoo.

DATE: Saturday, February 8 **TIME:** 10 a.m. to 3 p.m.

LOCATION: Workshop will meet at the Conservatory Classroom

at the U.S. Botanic Garden

FREE: Pre-registration required, visit www.USBG.gov/Programs

TOUR

Phenomenal Plants: The USBG Medicinal Plants Collection

Chelsea McKinley, USBG Gardener

Join Chelsea, gardener of the Medicinal Plants house, on a tour of this fascinating collection. Learn about a variety of different species used for medicinal purposes that are currently on display at the USBG Conservatory. Topics to be discussed include plant-derived compounds used in pharmaceuticals, species that have been used for hundreds of years in traditional medicine, and plants that can be found in the ingredients of over-the-counter products.

DATE: Tuesday, February 11 TIME: 10:30 a.m. to 11:15 a.m.

LOCATION: Tour will meet in the Medicinal Plants house

FREE: Pre-registration required, visit www.USBG.gov/Programs

COOKING DEMONSTRATION

Glorious Chocolate

Adrienne Cook, Gardening and Cooking Writer, and Danielle Cook, MS, Nutritionist and Cooking Instructor

Chocolate is so effective in chasing away mid-winter blahs, it's a key component in making Valentine's Day so warm and loving.

Join the Cook Sisters for this demonstration to learn the newest findings regarding chocolate's benefits while tasting two brandnew dishes featuring one of the world's favorite foods. *Please note:* The 12:50 p.m. program is a repeat of the 12 p.m. program.



DATE: Thursday, February 13

TIMES: 12 p.m. to 12:45 p.m. and 12:50 p.m. to 1:30 p.m.

LOCATION: Conservatory Garden Court **FREE:** No pre-registration required

LECTURE

Growing Food in Urban Spaces



Meredith Sheperd, Love & Carrots

Growing a productive vegetable garden isn't only for folks with unlimited space and time. Explore your site and learn tips on how to create a tailored garden that will bring you joy for seasons to come!

DATE: Friday, February 14 **TIME:** 12 p.m. to 1 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs





LECTUREBest Shrubs for Your Cut Flower Garden

Laura Beth Resnick, Owner of Butterbee Farm

Bushy perennials can add so much to your garden bouquets! Join Laura Beth and learn which shrubs will take your cutting garden to the next level, from foliage plants like ninebark and smokebush to bloomers like mock orange and deutzia. You'll learn varieties to grow, harvest techniques, and tips for success.

DATE: Saturday, February 15 **TIME:** 10:30 a.m. to 11:30 a.m. **LOCATION:** Conservatory Classroom **FREE:** Pre-registration required,

visit www.USBG.gov/Programs

WORKSHOPThe Art and Science of Henna

USBG Employees and Henna DC

Come for a hands-on exploration of henna (*Lawsonia inermis*), a plant used throughout history for both scientific and artistic endeavors. During the program, learn about Moroccan, Afghani, Pakistani, and Indian influenced designs from area artists with Henna DC. *Please note:* Doors will open at 6:45 p.m.

DATE: Thursday, February 20 TIME: 7 p.m. to 9 p.m. LOCATION: Conservatory

FRIENDS: \$5 NON-MEMBERS: \$10

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by





ART WORKSHOP Scientific Illustration and the Camera Lucida

Mary Ellen Carsley, Professional Artist/Illustrator and Visual Arts Coordinator at Severn School

See the world of plants and flowers from an entirely new perspective! Join Mary Ellen and learn to draw using a camera lucida, an optical device used as an aide to scientists and illustrators since the early 17th century. Used with a microscope, an entirely new universe of beautiful detail is revealed. Please note: This is a day-long workshop for both complete beginners and experienced artists who love plants and desire to improve their drawing and visualizing skills. All materials will be supplied by the course instructor. Please bring a lunch.



DATE: Saturday, February 22 **TIME:** 10:30 a.m. to 4:30 p.m. **LOCATION:** Conservatory Classroom

FRIENDS: \$75 NON-MEMBERS: \$90

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored by



SPECIAL PROGRAM What's the Buzz?

USBG Employees and Volunteers

Ever wondered how caffeine benefits plants? Do you know your coffee footprint? What is the difference between white, milk, and dark chocolate? Join us and find out the answers while enjoying samples from the plants that are responsible for the caffeine that keeps us buzzing through our day.

DATE: Sunday, February 23 **TIME:** 1 p.m. to 4 p.m.

LOCATION: Conservatory FREE: No pre-registration required



SPECIAL PROGRAM Botanical Brainiacs Trivia Night

District Trivia

On the fourth Thursday of the month (January—April), join District Trivia to test your familiarity with all things plants. This program is designed to be inclusive to all types of knowledge—plant science, history, pop culture, the culinary world, and more! We welcome budding learners to full-bloom experts. Each program features a live host to facilitate the game and will last for approximately two hours. You'll play in teams and the trivia includes over 55 questions, a picture round, and a specially-designed round you'll only see at the U.S. Botanic Garden! Please note: Program is intended for those 21 years of age and older. Small bites and beverage will be provided. Doors open at 6:15 p.m.

DATE: Thursday, February 27 TIME: 6:30 p.m. to 8:30 p.m. **LOCATION:** Conservatory Gallery FRIENDS: \$10 NON-MEMBERS: \$20

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by FRIENDS OF THE U.S. BOTANIC GARDEN



TOUR Winter Tree Tour



Melanie Choukas Bradlev, author of City of Trees and The Joy of Forest Bathing

Winter is the best time to appreciate the architecture of the historic trees gracing the U.S. Capitol campus. Stroll around the grounds with Melanie, admiring and learning about magnificent trees from around the country and the

world. Learn to identify beeches, magnolias, horse-chestnuts, buckeyes, dogwoods, and many other trees during winter. Melanie will focus on the bark, buds, and overall growth habit of grand old trees, including many official state trees and memorial plantings. Giant sequoias and a massive bur oak are among the trees on the tour. Melanie will share history of the U.S. Capitol Grounds and the city of Washington throughout the tour. Please note: This tour is held outdoors. Please come prepared to be outside in the winter weather. The tour is canceled if it rains or snows.

DATE: Saturday, February 29 TIME: 10 a.m. to 1 p.m.

LOCATION: Tour will meet in the Conservatory Lobby

FREE: Pre-registration required, visit www.USBG.gov/Programs

LECTURE

Spring Flowering Bulbs

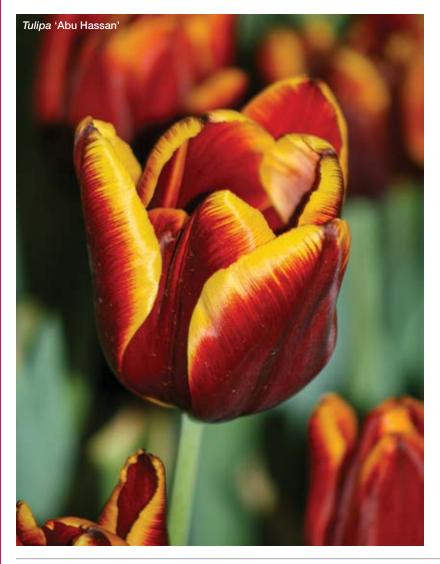
Todd Brethauer, USBG Science Education Volunteer

The pastel colors of the crocus, tulip, and daffodil announce the coming of spring... finally. Join Todd to learn about the evolution, biogeography, horticulture, and breeding of these and other monocot flowers.

DATE: Saturday, February 29 TIME: 10:30 a.m. to 12 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs



Mark your calendars for these programs in early March!

CHILDREN'S PROGRAMSeedlings

USBG Education Team

Join us for four weeks of hands-on plant science for our Seedlings class (ages 6–10). Each week we will explore the amazing world of plants through science, art, and scientific inquiry. *Please note:* Seedlings is designed for a more advanced level of plant science education. For the benefit of all participants, we request that only children ages 6 and up attend and participate in class activities. The classes in April and May are a repeat of the class in March.



DATES: March 3, 10, 17, 24 **TIME:** 10:30 a.m. to 12 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required*, visit www.USBG.gov/Programs *Please note: Registration opens on February 5 at 10 a.m.

TOURSTOP! Smell and Touch Our Plants: Conservatory

Tom Melo, USBG Volunteer Docent

Join Tom for this hands-on exploration of the plant collection, specifically designed for individuals who are blind or have low vision and their companions. Featuring notable sensory and tactile elements along with verbal description, there will also be opportunities along the tour route to smell and touch certain plants. *Please note:* This program is designed to be a more intimate experience and limited to 10 participants. We welcome service animals that are trained to work or perform tasks for an individual. The Saturday tour is a repeat of the Tuesday tour.

DATE: Tuesday, March 3 **TIME:**1 p.m. to 2:30 p.m.

DATE: Saturday, March 7 **TIME:** 10:30 a.m. to 12 p.m.

LOCATION: Tour will meet in the front lobby of the Conservatory **FREE:** Pre-registration required, visit www.USBG.gov/Programs

CHILDREN'S PROGRAMSprouts

USBG Education Team

Dig in to plants with your preschooler (ages 3–5). Join us for four weeks of art, science, and a walking adventure in our gardens as we explore the fascinating world of plants. *Please note:* Children must be accompanied by an adult. Participating children must be at least 3 years of age. The 1:30 p.m. program is a repeat of the 10:30 a.m. program. The classes in April and May are a repeat of the class in March.

DATES: Wednesdays, March 4, 11, 18, 25

TIMES: 10:30 a.m. to 11:30 a.m. and 1:30 p.m. to 2:30 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required*, visit www.USBG.gov/Programs

*Please note: Registration opens on February 5 at 10 a.m.

TOUR

Urban Forestry and the Regional Garden

Jean Mitchell, USBG Gardener

What are some of the key issues being discussed within the discipline of Urban Forestry today? How are communities around the country creating healthier urban forests to provide a greater range of social and ecological benefits? Join us for a walk through the Regional Garden, where Jean will use some of her favorite native trees and key features of this important garden space to start our conversation about urban forestry topics that impact the broader area. *Please note:* This tour is held outdoors. We suggest bringing protective clothing and water. The tour is canceled in the event of extreme weather conditions.

DATE: Wednesday, March 4
TIME: 10:30 a.m. to 11:30 a.m.

LOCATION: Tour meets on the Terrace in front of the Conservatory **FREE:** Pre-registration required, visit www.USBG.gov/Programs



PARENT & CHILD PROGRAM Snugglers

Marjorie Abbot, USBG Volunteer Docent

Do you have a tiny treasure in a snuggly? Looking for ways to get out of the house and learn? Join us each Thursday for a 45-minute guided tour of the Conservatory. Each week will be a different exploration. This program is designed for parents and care providers who have a tiny one in a snuggly. *Please note:* You are welcome to arrive with a stroller, however due to our narrow paths and the nature of this program, we cannot support strollers or older siblings during the actual program.

DATES (choose any or all of the following): Thursdays, March 5, 12, 19, 26

TIME: 10:30 a.m. to 11:30 a.m. LOCATION: Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs

TOUR

Medicinal Plants Yesterday and Today

Judy Sondheimer, USBG Volunteer Docent

Since before recorded history, humans knew certain plants growing around them contained substances with powerful impacts on health and wellness. They understood some plants were good for you, some were bad for you, and some were both! Until the advent of modern chemistry and pharmacology in the 19th century, the actual substances contained in the leaves, roots, and seeds of medicinal plants could not be identified. Join Judy in the Medicinal Plants room to explore plants used around the world by



both ancient and modern health providers. You will learn about active compounds and discuss current thinking on the mechanisms by which they interact with the human organism. *Please note:* Tour on March 12 is a repeat of the tour on March 5.

DATES: Thursday, March 5, 12 **TIME:** 1:30 p.m. to 2:30 p.m.

LOCATION: Tour will meet in the lobby of the Conservatory

FREE: No pre-registration required

SPECIAL PROGRAM

Roots and Reflections: Orchids

USBG Employees and Volunteer Docents

The experience of immersing in the Garden's living collection can allow for greater appreciation of nature's beauty. Join members of the USBG's team for this engaging program specifically designed for individuals living with dementia and their companions. Offered the first Thursday of the month, March's Roots and Reflections program will highlight the enchantment of orchids through facilitated conversation and hands-on activities. Please note: This program is designed to be a more intimate experience. Class size is limited to 6 participants.

DATE: Thursday, March 5 TIME: 2 p.m. to 3:30 p.m.

LOCATION: This program will being and end in the Conservatory Classroom

(located to the left of the visitor information desk in the front lobby) FREE: Pre-registration required, visit www.USBG.gov/Programs



SPECIAL PROGRAM Political Appetites: Culinary Activities in the Early Republic



Nancy Siegel, Professor of Art History and Culinary History, Towson University

Metaphors linking food to politics were a popular way to communicate in the mid-eighteenth century; the language of food was easy

to understand. Imported tea and luxury foods symbolized the corrupt British parliament and politicians were often described derisively as spoiled ingredients. This lecture focuses on the culinary activities that occurred in the gendered space of the kitchen. Women authored cookbooks and recipes that functioned as tools for domestic reform while providing a platform for promoting democratic ideals. From ladies' boycotts of imported tea in the late eighteenth century and their defiant use of homebrews such as Liberty Tea, to the vast number of individual recipes developed with patriotic associations such as hostesses prepared sweet treats for their quests in praise of the new and fragile nation. Join us for an evening of Liberty Tea, Washington Pie, and Democratic Tea Cakes as we explore this link between food, drink, and political expression during the years surrounding the American Revolution. Please note: Small bites and beverage samples will be provided. Doors open at 6:15 p.m.

DATE: Thursday, March 5 TIME: 6:30 p.m. to 8:30 p.m. **LOCATION:** Conservatory Gallery FRIENDS: \$5 NON-MEMBERS: \$10

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by FRIENDS OF THE U.S. BOTTANIC GARDEN





SPECIAL PROGRAM

U.S. Botanic Garden Production Facility Open House

USBG Employees and Volunteers

Not to be Missed! Rarely does the public get to see our growing facility. the largest greenhouse complex supporting a public garden in the United States. The site, completed in 1994, includes 82,000 square feet under glass, divided into 34 greenhouse bays and 17 environmental zones. In addition to foliage and nursery crops, you'll see all of the USBG collection not currently on display, including orchids, medicinal plants, carnivorous plants, and rare and endangered species. Register for one of the open house times to get a brief orientation to the facility, meet the gardeners, ask questions, and wander through this working wonderland of plants. Please note: Limit of 50 people per entry time. Light snacks and beverages will be provided. No registrations will be taken at the door. Doors open 15 minutes prior to entry time. The Open House ends at 2:30 p.m.

DATE: Saturday, March 9

ENTRY TIMES: 10 a.m., 10:30 a.m., 11 a.m., 11:30 a.m., 12:30 p.m.,

1 p.m., 1:30 p.m.

LOCATION: USBG Production Facility

(directions can be found with the online listing)

FRIENDS: \$5 NON-MEMBERS: \$10

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by FRIENDS OF THE U.S. BOTANIC GARDEN









Yoga in the Garden

Heather Markowitz, Founder, WithLoveDC

Come flow at the Garden with this free yoga gathering, led by WithLoveDC. These classes aim to create an accessible space for all people to tune into their breath while enjoying the natural beauty in the Garden. *Please note:* This program is first-come, first-served with limited space available. Visitors are encouraged to bring their own mats.

DATES: Saturdays, March 7, 14, 21, 28

TIME: 10:30 a.m. to 11:30 a.m. LOCATION: Conservatory West Gallery

FREE: No pre-registration required

WORKSHOP

Hypertufa Containers and Desert Plantings

Santos Carillo, USBG Gardener, and Lee Coykendall, USBG Senior Education Specialist

Join Santos and Lee for a hands-on hypertufa workshop! Hypertufa is an extremely light, rock-like material used to make planters. Participants will first create their own hypertufa container. They will then learn about desert plants and create a desert garden in their new container. *Please note:* Doors will open at 6:15 p.m.



DATE: Thursday, March 12 **TIME:** 6:30 p.m. to 8:30 p.m.

LOCATION: Conservatory Classroom **FRIENDS:** \$10 **NON-MEMBERS:** \$20

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by



WORKSHOP

An Introduction to Natural Dyes

An Phuong-Ly, Textile Artist

Join An to learn about the wide range of colors that nature can yield. Using in-season, plantderived dyestuffs and other natural materials, you will have the opportunity to experiment with various colors and learn about the ways to prepare fabric for dyeing. A brief history of the practice of natural dyeing, the origins of dvestuffs and colors, and the science behind the process will be discussed. Each participant will take home one hand-dyed piece.



DATE: Saturday, March 14 TIME: 10:30 a.m. to 12:30 p.m. **LOCATION:** Conservatory Classroom FRIENDS: \$10 NON-MEMBERS: \$20

Pre-registration required, visit www.USBG.gov/Programs

This program sponsored in part by U.S. BOTANIC U.S. BOTANIC CAPDEN



LECTURE Exploring Orchid Evolution, Ecology, and Biogeography

Todd Brethauer, USBG Science Education Volunteer



Join Todd to explore the evolution, biogeography, physiology, and ecology of orchids. One of the largest plant families, orchids date back to the age of dinosaurs. They are remarkable for the beauty and diversity of their blooms, the range of environments that they occupy, their unique relationships with their pollinating animals, and the size of their seeds. Learn about how modern research methods are being used to better understand these plants, produce them, and conserve endangered species.

DATE: Saturday, March 14 TIME: 2 p.m. to 3:30 p.m.

LOCATION: Conservatory Classroom

FREE: Pre-registration required, visit www.USBG.gov/Programs

FESTIVAL Orchid Family Day

USBG Employees and Volunteers

Did you know orchids grow on every continent except Antarctica, and that vanilla comes from an orchid? Come learn all about orchids from the experts, including how to care for them. Hands-on activities will include the art, the science, and the taste of orchids! Learn how to repot an orchid and pot one up to take home! Visitors of all ages are invited to explore the incredible world of orchids during this year's Orchid Family Day.

DATE: Sunday, March 15 **TIME:** 1 p.m. to 4 p.m. **LOCATION:** Conservatory

FREE: No pre-registration required



ABOUT REGISTRATION

- Class sizes are limited. Early registration is recommended.
- To register online for programs, go to the U.S. Botanic Garden website at www.USBG.gov/Programs
- To register by telephone, call 202-225-1116.
- The U.S. Botanic Garden reserves the right to substitute instructors or cancel programs when necessary.
- Registration fees will be refunded only in the case of program cancellation by the U.S. Botanic Garden.
- Please arrive no more than 15 minutes past program start time. Late arrival for a program may result in forfeiture of registration spot to someone on the waitlist.







Use your mobile phone to have a private tour of the U.S. Botanic Garden.

PHONE CALL OPTION

Dial the tour number: 202-730-9303 Enter the stop number on the sign

SMARTPHONE OPTION

Go to www.USBG.gov/AudioTour

QR CODE OPTION

Scan the QR codes on the signs with your smart phone or tablet

CONSERVATORY

- 101 USBG History
- 102 Garden Court Overview
- 104 U.S. Exploring Expedition
- 109 Murals
- 112 Rare & Endangered Overview
- 115 Orchids Overview
- 117 Mediterranean Overview
- 120 Medicinal Plants Overview
- 126 World Deserts Overview
- 132 Hawaii Overview
- 134 Garden Primeval Overview
- 139 Plant Adaptations Overview
- 144 Tropics Overview
- 150 Southern Exposure Overview
- 153 Children's Garden

Normal fees apply to your call.

OUTDOOR GARDENS

- 201 Welcome to the Outdoor Gardens
- 202 Lawn Terrace
- 203 Pollinator Garden
- 204 First Ladies Water Garden
- 205 Regional Garden
- 210 Amphitheater
- 211 History of the Rose Garden
- 301 Welcome to Bartholdi Park
- 302 Bartholdi Fountain
- 310 Kitchen Garden
- 312 SITES Initiative
- 313 Park Sustainability

BECOME A JUNIOR BOTANIST!

Visit the U.S. Botanic Garden and check out a Junior Botanist Adventure Kit.

Your adventure will begin in the Garden Court and continue throughout the Conservatory. You will be challenged to use all of your senses to discover just how amazing plants really are. It often takes multiple visits to the Garden to complete all of the activities. Backpacks may be checked out by an adult with a picture ID. After your adventures, stop at our information desk to return the backpack and receive your Apprentice Junior Botanist badge. You will continue your botanic adventures at home with a trip to the grocery store and a walk around your neighborhood.

Once all activities are completed, mail your booklet to our botanist for review. Upon successful completion of the activities, Junior Botanists will receive a certificate signed by our botanist, a field journal, an explorer's lens, and an invitation for a behind-the-scenes tour of our greenhouses with our botanist. The program is free. Please note: Schools may complete all activities in one visit by assigning small groups to different rooms. Schools must reserve Junior Botanist kits in advance by contacting our Senior Education Specialist at lcoykend@aoc.gov.



EVERYONE IS WELCOME

The U.S. Botanic Garden strives to make its collection, programming, and facilities accessible to ensure a successful visit for all. For additional information, please contact Maura Nelson, mnelson@aoc.gov or 202-226-1047.



Assisted Listening Devices

Assisted Listening Devices are available upon request. The headsets are compatible with hearing aids.



Sensory-Friendly Programs

Seasonal early openings provide access to registered individuals with cognitive and/or sensory processing disabilities.



Sensory Bags

Sensory bags are available upon request. Items available to borrow include noise-reducing headphones, weighted lap blankets, and a selection of fidgets to help ease sensory stimulation.



Sign Language Interpretation

In cooperation with the Office of Congressional Accessibility Services, the U.S. Botanic Garden offers sign language interpretation upon request. If possible, please allow at least five business days advanced notice to schedule an interpreter.



Visitor Guides



The U.S. Botanic Garden's map and visitor guide are available in Braille and large print and may be picked up at the front desk upon request. Additional languages available.



Wheelchairs

Wheelchairs are available for loan on a first-come, first-served basis.



Service Dogs

Service dogs that are trained to work or perform tasks for an individual with a disability are welcome in all areas of the Garden unless the dog poses a direct threat, is not housebroken, or is not under control. Pets are not allowed on USBG grounds.



Learn more at www.USBG.gov/Accessibility

BECOME A FRIEND OF THE U.S. BOTANIC GARDEN

Partners in Education

The Friends of the United States Botanic Garden is a non-profit organization that supports education and outreach at the USBG.

Originally founded in 1991 to finance the National Garden, the Friends now make possible a variety of educational programs including: Hands On Plant Science (HOPS), HOPS Teacher Institute, D.C. Teachers Night, U.S. Botanic Garden volunteers, High School and College Internships, and more.







Become a member to support the mission of the Friends and to receive these great benefits.

To join online and learn more visit usbgfriends.org



Friends of the U.S. Botanic Garden welcomes donations of any size. The Friends is a 501(c)(3) nonprofit. All donations are tax deductible.

MEMBERSHIP I EVELS

INDIVIDUAL - \$75

- Discounted rates on all USBG and Friends events.
- Exclusive monthly Bloom Alert newsletter
- Complimentary admission to over 300 gardens through the AHS Reciprocal Admissions Program
- A 10% discount at local plant store Little Leaf
- Personalized Membership Card
- 2 tickets to exclusive members' evening during holiday exhibit
- A 10% discount at our seasonal Garden Shop



FAMILY-\$150

Individual benefits plus:

- 2 additional tickets to exclusive members' evening during holiday exhibit
- · Complimentary caregiver card (available upon request)

SUPPORTER-\$300

Family benefits plus:

- · 2 additional tickets to exclusive members' evening during holiday exhibit
- A 15% discount at our seasonal Garden Shop
- Champagne Reception for Orchid show opening
- One complimentary program (value up to \$25)

PATRON-\$500

Supporter benefits plus:

- 2 additional tickets to exclusive members' evening during holiday exhibit
- One complimentary program (value up to \$50)
- A special tour designed specifically for your group (some restrictions apply. maximum of 8 people)

SUSTAINER-\$1000

Patron benefits plus:

- 2 additional tickets to exclusive members' evening during holiday exhibit
- Two complimentary programs (value up to \$50)
- A special tour designed specifically for your group (some restrictions apply, maximum of 15 people)
- Special springtime tour of local garden

United States Botanic Garden 245 First Street SW Washington, DC 20515