



## 'Ilima



**Plant Botanical Name:**

*Sida fallax*

**USBG Plant Location:**

Conservatory

**Conservatory Room Location:**

Hawaii

One of the few non-food plants traditionally cultivated by Hawaiians, 'ilima was highly esteemed in the Hawaiian culture. The yellow blossoms were used for good luck during travels. In traditional medicine the flowers were used with other plants to assist women during pregnancy.

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**Source URL:** <https://www.usbg.gov/plants/ilima>